



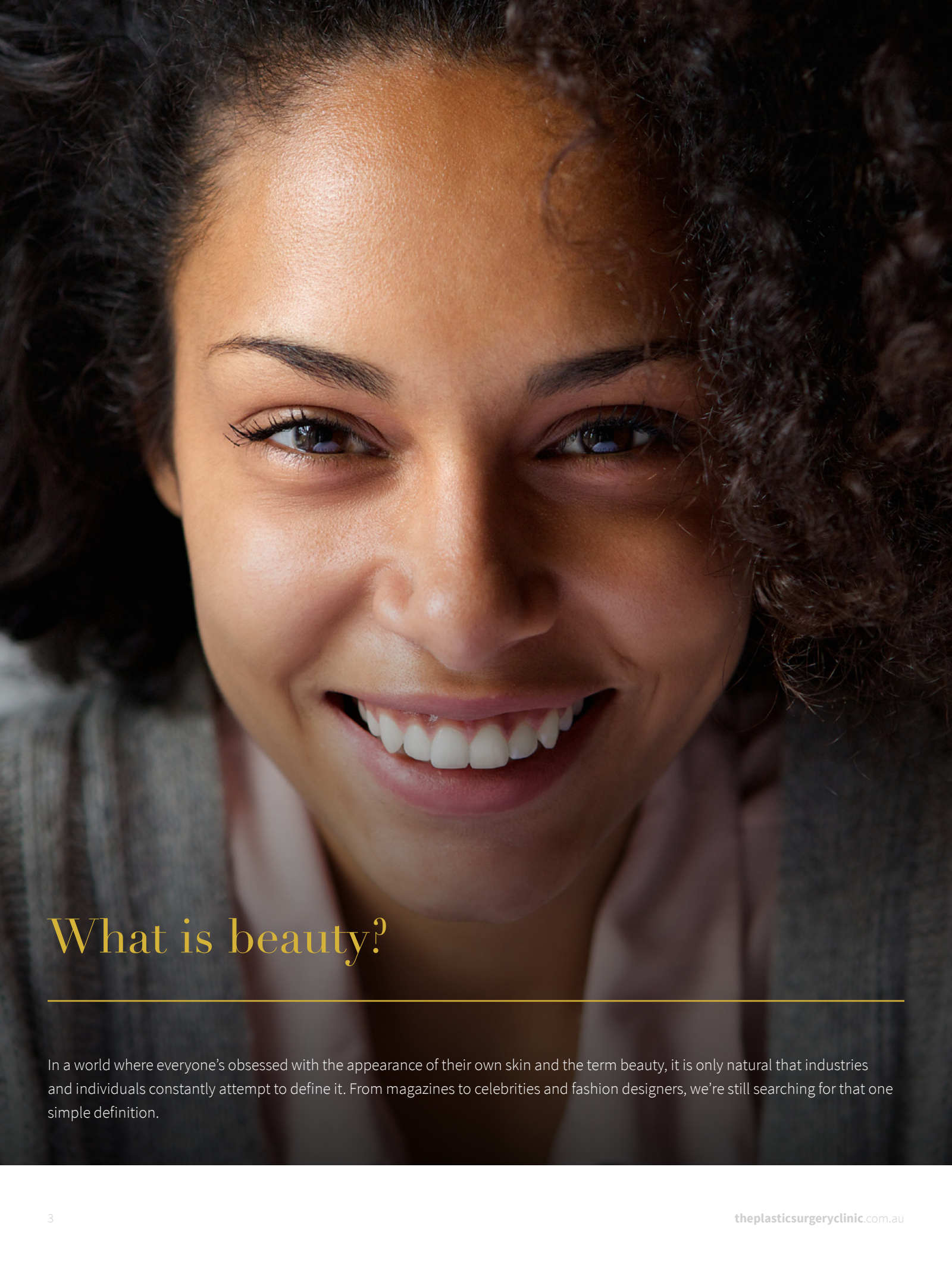
Your Complete Guide to

Dermal Fillers

1300 0 73339


THE PLASTIC SURGERY
CLINIC & MEDISPA
CHAITHAN REDDY

theplasticsurgeryclinic.com.au

A close-up portrait of a woman with dark, curly hair, smiling warmly at the camera. Her face is the central focus, with her eyes looking slightly off-camera to the right. She has a bright, genuine smile showing her teeth. The lighting is soft and natural, highlighting her skin texture and the curls in her hair. She is wearing a grey textured cardigan over a light-colored top.

What is beauty?

In a world where everyone's obsessed with the appearance of their own skin and the term beauty, it is only natural that industries and individuals constantly attempt to define it. From magazines to celebrities and fashion designers, we're still searching for that one simple definition.



What do we know about beauty?

Beauty is confidence

“Beauty, to me, is about being comfortable in your own skin. That, or a kick-ass red lipstick.”

- Gwyneth Paltrow

“Nothing makes a woman more beautiful than the belief that she is beautiful.”

- Sophia Lauren

Beauty is subjective

“I always find beauty in things that are odd and imperfect – they are much more interesting.”

- Marc Jacobs

“Beauty is in the eye of the beholder.”

- Proverb

Beauty is unique

“It’s beauty that captures your attention; personality that captures your heart.”

- Oscar Wilde

“Beauty begins the moment you decide to be yourself.”

- Coco Chanel



The power of dermal fillers

Dermal fillers are made of a naturally occurring substance in the body to fill a particular area. They are injected into the surface layers of the skin, under the skin, or in the deeper tissue with the purpose to restore volume and reduce the signs of ageing.

Dermal fillers can fill grooves and hollows that appear with age. These kinds of wrinkles or sagging skin are mostly found on the bottom part of your face in areas that have lost natural collagen and fat deposits that add structure. Dermal fillers are also used to plump and enhance an area, such as lips and cheeks.

More and more people are using anti-wrinkle injections in conjunction with dermal fillers to plump up, fill in, and re-contour their face, creating a natural, well balance look.



What is the difference between dermal fillers and anti-wrinkle injections?

It's common for our patients to confuse dermal fillers with anti-wrinkle injections. While dermal fillers and wrinkle relaxers are both injectables, they work in entirely different ways.

Anti-wrinkle injections, involve a muscle-relaxing agent, which reduces movement of the muscle. This prevents the formation of wrinkles in the first place or prevents wrinkles from worsening over time.

Dermal fillers are used to fill in already existing lines, deep creases and areas which have lost volume over time. Lips are one of the most popular areas for treatment when it comes to dermal fillers, while crow's feet and frown lines are the most popular area for anti-wrinkle injections.

Anti-wrinkle injections are usually the first step in facial rejuvenation while deeper wrinkles need to be treated with dermal fillers. Combine these injectables and you can achieve a well-rested and rejuvenated appearance.

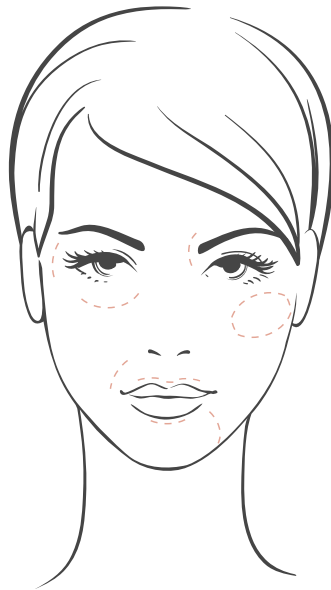
Which injectables are used where?

Dermal fillers are used to fill in already existing and static lines, deep creases and areas which have lost volume over time. These are the kind of wrinkles which are visible even when your face is relaxed. They form due to loss of elasticity of the skin caused from age, sun damage, smoking, genetics, poor nutrition or from prolonged dynamic wrinkling.

Anti-wrinkle injections are used to treat so-called active, or dynamic, wrinkles appearing with facial expressions like a smile or a frown. This includes frown lines, the wrinkles forming between the eyebrows, and crow's feet forming on the outer corners of the eyes.

The most common areas for dermal fillers are:

- Lips (to plump or improve lip symmetry)
- Cheeks
- Tear troughs (tired appearance under eyes)
- Fine lines
- Deep lines
- Nasolabial folds
- Marionette lines

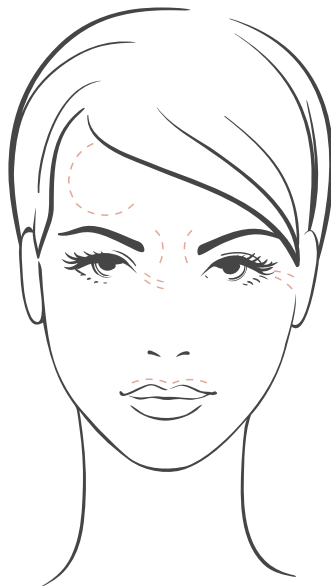


Dermal fillers can also be used for:

- Temple hollow enhancement
- Nose enhancement
- Chin enhancement

The most common areas for anti-wrinkle injections are:

- Forehead
- Frown lines (between the eyebrows)
- Smoker/lipstick lines
- Glabella lines (between the eyebrows)
- Crow's feet (when smiling)



Anti-wrinkle injections can also be used as muscle relaxants for:

- Excessive sweating of the underarms



The procedure

The dermal filler procedure typically involves the following steps:

1. Numbing cream or ice may be applied to reduce discomfort
2. The area to be treated is cleaned thoroughly
3. A fine needle injects the dermal fillers into your area of concern
4. The area will become fuller and plumper immediately
5. The final results will be a smoother or more voluminous appearance

The duration of treatment will depend on the area being treated although it is usually relatively quick and may take as little as 10 minutes. While some mild stinging can be expected with the injection, most patients only experience minimal discomfort. You will be able to return to work or other daily activities immediately or shortly after treatment.



Pros and cons

Advantages:

- The most evident benefit is the immediate results of dermal filler injections.
- Dermal fillers can be performed in as little as 10 minutes.
- Dermal filler treatment requires little to no downtime.
- Your treatment can be customised to your individual needs.
- The result of dermal fillers can be reversed through the use of the enzyme hyaluronidase in case you are not happy with your final look.
- Dermal fillers are temporary. This means you don't need to commit to one look, and your natural appearance will slowly return.

Disadvantages:

- The major disadvantage of facial injectables is that the effects are temporary. For the most part, however, the effects can last from a few months up to a year and a half, depending on each patient and area treated.
- Dermal fillers may cause some mild bruising, temporary swelling or redness at the injection site.
- Although very rare, adverse side effects can occur.
- When performed by an inexperienced or unskilled individual, the results may be disastrous.

Dermal Fillers: myths and facts

Many patients are confused by the amount of misleading information circulating regarding the outcomes of dermal filler treatment. Deciding to make cosmetic enhancements to your body is a very personal and individualised process and as such, knowing the facts is a must.

Separate the myths from the facts!

Myth #1

Anti-wrinkle injections and dermal fillers work the same

By now, you know this is most certainly a myth. While both dermal fillers and anti-wrinkle injections are a fast, effective and safe way to restore youthful fullness, dermal fillers are injected into the dermis to fill wrinkles and creases, and anti-wrinkle injections are injected into the muscle causing relaxation of wrinkles to eliminate their appearance. We find a combination of the two can provide the best results.

Myth #2

Lip injections cause ‘trout pout’

If you attend an experienced practitioner who understands facial aesthetics and that less is more, then subtle lip enhancement procedures are possible. Always make sure you go through a thorough assessment of the aesthetics of your face and discuss the recommended treatment doses to ensure a natural-looking outcome.

Myth #3

Injections are toxic to the body

A reputable doctor is never going to inject something dangerous into your body just for aesthetic appeal. When administered in the right dosage, the dermal filler and anti-wrinkle injections are safe for your body.

Myth #4

Dermal filler injections are not reversible

If you do not like the results achieved with your dermal filler treatment, rest assured. Your facial features will slowly revert to their initial appearance as your body naturally metabolises the filler, and if need be, the use of the enzyme hyaluronidase can quickly dissolve the dermal filler.

Myth #5

Injections are painful

If you know you have trouble tolerating needles; your practitioner can apply numbing cream or ice to ensure patient comfort. These days, the price of beauty does not need to be pain!



How much can I expect to pay at The Plastic Surgery Clinic?

Some of our most frequent enquiries are regarding costs. It's also really hard to give any exact price as every patient has different needs, especially when it comes to how much filler is required for your desired look.

During your consultation, dermal filler pricing will be discussed.

Cost of dermal fillers

The cost will vary depending on the product used and the amount of filler required on the patient. Generally the starting price for dermal filler is \$620 + GST for 1ml.

Please note: the amount of ml required will vary from person to person based on your concerns and desired look. During your consultation, the precise amount required will be determined.

Dr Chaithan Reddy



Dr Chaithan Reddy provides a comprehensive range of cosmetic and other surgical procedures of the most surpassing standard. Dr Reddy is not only a Cosmetic Surgeon, but also a Plastic and Reconstructive Surgeon. He is a Fellow of the Royal Australasian College of Surgeons (FRACS), the only internationally recognised body in Australia being able to grant this qualification.

Dr Reddy is also a consultant Plastic Surgeon at three major teaching hospitals in Sydney where he performs complex reconstructive surgery for trauma and cancer victims. He is also involved in the training of future Plastic Surgeons. He has published extensively in the Plastic Surgery literature along with speaking at various international Plastic Surgery meetings. Prior to spending the last 10 years of his career performing cosmetic and reconstructive procedures, Dr Reddy also became a qualified dentist. He is one of only a handful of Plastic Surgeons in the country to hold dual qualifications. This has allowed him to comprehensively appreciate the intricacies of achieving facial beauty during his facial rejuvenation procedures.

Dr Reddy prides himself on tailoring his techniques to your particular features to achieve the best possible and most natural looking result. He places a strong emphasis on short scar techniques and the importance of a tailored post-operative treatment plan to optimise your results.

“My approach to my patients is to offer them the most up to date and consistent procedures that will marry both their desires and my skills.”

Dr Reddy believes that just as important as his surgical skills, is the relationship that he develops with his patients. Creating a consultation process that is relaxed, confidential and understanding, with the opportunity to have enough time to have all your questions addressed forms the core of his approach.

“I believe it is crucial and very important that I spend time with my patients to truly define their goals, and provide the results they are looking for in the safest possible manner.”